

City of Port St. Lucie

Citizen's Advisory Committee

Meeting Minutes

121 SW Port St. Lucie
Blvd.
Port St. Lucie, Florida
34984

Lynette Lockwood, Chair
Michael Bernard, Vice Chair
Raymond Pezzi, Member
Christy Romano, Member
Melony Zaravelis, Member
Ingrid Sarmiento, Member
James Abbott, Member
Harry Williams, Alternate
Gabby Rothman, Alternate

CAC

Wednesday, August 20, 2025

1:30 PM

Room 366, City Hall

1. Call to Order

A Regular Meeting of the CITIZEN'S ADVISORY COMMITTEE of the City of Port St. Lucie was called to order by Chair Lockwood on August 20, 2025, at 1:36 p.m., at Port St. Lucie City Hall, Room 366, 121 Port St. Lucie Boulevard, Port St. Lucie, Florida.

2. Roll Call

Members Present:

Lynette Lockwood, Chair
Raymond Pezzi
Christy Romano
Melony Zaravelis
Ingrid Sarmiento
James Abbott
Gabby Rothman, Alternate

Members Not Present:

Michael Bernard, Vice Chair
Harry Williams, Alternate

3. Determination of Quorum

4. Approval of Minutes

4.a June 25, 2025 Citizen's Advisory Committee Meeting
Minutes.

[2025-765](#)

There being no discussion, Ms. Romano moved to approve the meeting

minutes. Ms. Zaravelis seconded the motion, which passed unanimously by voice vote.

5. Public to be Heard

There was nothing heard under this item.

6. New Business

6.a Cost Recovery Policy and Fitness Center Overview.

[2025-766](#)

(Clerk's Note: A handout was provided and a PowerPoint presentation was shown at this time.) Charlie Proulx, Finance Deputy Director, addressed the Committee and discussed the Popular Annual Financial Report. He provided information on the City's revenue including charges for services, taxes, grants & contributions, and investment income, and he also discussed the draft cost recovery policy, and the current cost recovery policy. Mr. Proulx then provided an overview of the City's Fitness Centers. Chair Lockwood inquired if the service vendors were on annual contracts, to which Recreation Deputy Director Tim Roth responded in the affirmative, noting that they were paid hourly.

Mr. Proulx then discussed the various fitness center services and their fees including personal training. Mr. Abbot stated that they should be looking at if the Fitness Center would be effective long-term or if it would end up costing the City money, and Chair Lockwood discussed an income opportunity by utilizing naming-rights with companies. Mr. Abbott stated that they should look at the cost of paying the vendors hourly versus the income gained, to which Finance Director Stephen Okiye replied that it was a great point, but they were currently looking into further developing the policy tiers. Ms. Rothman recommended an RFP for residents to be able to get a discounted pass at other fitness facilities. Mr. Pezzi stated that this was not costing the City a lot of money compared to other budget issues, and the question that should be asked is why there were so few participants in the program and how they could get more people to participate. Mr. Proulx clarified that the Committee's goal for this was to determine if the fees should increase or stay the same based on the information provided.

Mr. Proulx continued the presentation and discussed the fitness membership and membership values. (Clerk's Note: A video of the fitness centers was played at this time.) He then discussed the cost recovery for FY24, and Fitness Center Manager Anne Stadius clarified that Silver Sneakers was part of a supplemental insurance plan. The Committee and staff then discussed billing.

Ms. Rothman inquired how they could explain this to residents when some

residents were being taxed out of their homes, and Mr. Abbott stated that it would be up to City Council to make the final decision. Chair Lockwood clarified that the decision had already been made by the City to continue the fitness center operations, so the Committee should focus on the questions asked of them.

Mr. Proulx concluded the presentation and discussed the Rocksteady Boxing Program and Drop-Ins information. Ms. Zaravelis inquired if there were cost comparisons with other cities, to which Mr. Proulx responded in the negative, stating that our City's program varies from others. Mr. Abbott stated that they could keep track of the number of drop-in's, so that if they noticed a trend, staff could promote the membership to them. The Committee and Staff further discussed looking at the demographics of the users and the outcomes.

Ms. Sarmiento moved to remain living in the balanced benefit tier. Mr. Pezzi seconded the motion, which passed by voice vote with Chair Lockwood, Mr. Pezzi, Ms. Romano, Ms. Sarmiento, Ms. Rothman, and Ms. Zaravelis in favor, and Mr. Abbott opposed.

7. Unfinished Business

Chair Lockwood informed that the November meeting would be held at the Saints Golf Course, and that the Volunteer Appreciation Luncheon would be held in April.

8. Adjourn

There being no further discussion, the meeting was adjourned at 3:17 p.m.

Lynette Lockwood, Chair

Jasmin De Freese, Deputy City Clerk